

Program Schedule

- 8:30 a.m. Registration
- 9:30 a.m. Possibilities: Vision, Dreams, Action • Developing Possibility Thinking! • So What Did You Expect? • Ideas Walking Right Under Your Nose! • Elders Wanting Action!
- 12:00 p.m. Lunch and WE PANPHA Business meeting
- 1:00 p.m. Possibilities: Creativity, Calendars, Creating • We Know What- We Do What? • Marketing Magic and Local Community! • Transforming your residents and program
- 3:30 p.m. Free from "We've always done it that way" to WOW! Look what our elders Can Do!

Program Sponsors

April 8 – Morrison Senior Dining and the PA Culture Change Coalition

SPEAKER



Jan Nelson, M. ED, owner and President of Courageous Aging, Inc. Jan founded Courageous Aging after 27 years working with elders and leadership development on college campuses. Jan bases her programs on the common sense theory that elders want to and can have as much fun as college students when given the opportunity. That all staff love these residents and want to improve lives. Jan is continually excited about the next thing that we can do in eldercare. This philosophy continually re-energizes residents, staff, families and society. Jan is committed to challenging the status quo and "RESPONDING WITH INNOVATION". Jan educates participants with ways to really create change and not just talk about it. Jan worked eight years with Second Wind Dreams, a national non-profit that fulfills dreams of residents in eldercare communities. She speaks for state and local conventions, corporations, staff/ family in-services as well as offers consulting services.

Center for Courageous Aging

Believing in, Dreaming with and Discovering the Potential in our elders and those who serve them. Creating real opportunities for our elders to realize what they CAN DO!

Imagine Your Residents:

riding motorcycles, having car washes, building sandcastles, child care, community book clubs, coffee house cafe', bird watching, bridal show, horoscopes, concerts, chocolate factory, raising butterflies, making jewelry, quilting, stock market club, adopt a highway, bowling club, room makeovers, clown class, song writing circles, bee keeping, snow day fun, political debates, writing want ads, volunteer resident jobs, campfires, scout leaders, after school program, scrap booking, crochet for others, meals on wheels site, boating, teaching classes in schools, college classes, origami and more.

Locations and Dates

Erie - Brevillier Village

April 7, 2010

5416 East Lake Road

Erie, PA 16511-1427

(814)899-8600

<http://www.brevillier.org/>

Zelienople - Passavant Retirement Community

April 8, 2010

401 South Main Street

Zelienople, PA 16063-0390

(724)452-5400

<http://www.lutheranseniorlife.org/>

Cost and Registration

\$25 for PANPHA and HVA Members

\$50 for non members

Registration deadline April 2, 2010

Substitutions allowed.

Registration Form

Please type or print clearly

Organization _____

Phone _____

Name _____

Name _____

Name _____

**Cost: \$25.00 for HVA and PANPHA
Members**

\$50.00 for Non Members

Mail payment and registration:

Laura R. Roy

Executive Director

Passavant Retirement Community

401 S. Main Street

Zelienople, PA 16063

RETURN NO LATER THAN

April 2, 2010

Educational Offering
and Business Meeting

WE PANPHA
and HVA

Proudly Presents

*The Spirit of
Possibilities*

What IF...!

*What a
Surprise!*

April 7 and 8, 2010

ONE great education
offering, TWO great
locations!